

Love Your Neighbor Movement

Week 2

Prayer Walking Guide

Colossians 4:2 — *Devote yourselves to prayer, stay alert in it with thanksgiving.*

1 Thessalonians 5:17 — *Pray constantly.*

This week **we want to pray over our neighborhoods and community areas**, so we're going to do some prayer walking. Prayer walking (or driving!) is simply what its name says: praying while you are walking.

The following table can help you as you're prayer walking. You can pray through the suggested topics, but **be open to the Holy Spirit leading you in prayer**. He may bring something to mind that you should pray about, or a portion of Scripture to meditate on or pray over a house or person you pass. When you sense the Spirit leading you to pray something specific or meditate on Scripture, make a note of where it happened. For example, if you are walking, and the Lord leads you to pray for healing, make a note that it happened at the 3rd house on your street. Or maybe you pass someone, and the Lord brings to mind Colossians 1:9. Look the verse up, then pray for that person to "be filled with the knowledge of his will in all spiritual wisdom and understanding." The people and locations around you when the Spirit brings these things to mind can be very important. Nothing is random with the Lord, and even if you don't know why, it may be that the Lord has you interceding for someone in such a way that will change their life.

| Prayer Suggestions | How Do I Sense the Spirit's Leading? | Where Was I at that Time? | How Did God Answer My Prayer? |
|---|--------------------------------------|---------------------------|-------------------------------|
| For God to give you eyes to see your neighbors and community as He does | | | |
| For God to open doors for opportunities to build relationships and friendships with your neighbors | | | |
| The people you pass (or pray over their houses) — to know Jesus, for their marriages & relationships, jobs, safety, peace, health, community Names of people I pass: | | | |

| Prayer Suggestions | How Do I Sense the Spirit's Leading? | Where Was I at that Time? | How Did God Answer My Prayer? |
|---|--------------------------------------|---------------------------|-------------------------------|
| <p>If you pass locations with essential workers (store workers, trash collectors, postal workers, delivery people), pray for their health, safety, and wisdom.</p> | | | |
| <p>If you pass locations where first responders work (doctors, healthcare workers, emergency response etc), pray for their wisdom, courage, and health.</p> | | | |
| <p>If you pass government buildings, pray for wisdom, discernment, unity, and humility for our leaders.</p> <p>Pray for the oppressive systems built into our government that affect our neighbors to be dismantled and rebuilt in more just and Christlike ways.</p> | | | |
| <p>If you pass schools, pray for the students and teachers.</p> <p>Pray for wisdom and caution as they reopen and serve our communities.</p> | | | |
| <p>If you pass churches, pray for them to serve their communities well. Pray for unity among believers, and that the Church will stand against injustice and be a safe & welcoming place for all people.</p> | | | |